

## Who We Serve

Adults 18 and older who are struggling with mental health and/or substance use disorders and are appropriate for care in the community.



## Insurance Accepted

NJ Medicaid and Managed Care Plans  
Horizon BCBS

## Hours of Operation

### Agency Hours:

Monday, Wednesday, Thursday  
8:00 am - 9:00 pm

Tuesday, Friday 8:00 am - 7:00 pm

### Partial Care Hours:

Monday- Friday  
8:15 am - 2:40 pm

### SUD IOP/OP Groups

Monday, Wednesday, Thursday  
5:30 pm - 8:30 pm

## Refer to Us

Call us: 973.773.7600

Fax us: 973.773.7011

Web: [afhsnj.org/referral-form](http://afhsnj.org/referral-form)

Scan barcode for quick access:



## Contact Us



### Phone

973-773-7600



### Website

[www.afhsnj.com](http://www.afhsnj.com)



### Address

53 Orchard St, Clifton, NJ 07013



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Clifton, New Jersey 07013

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# SUBSTANCE USE DISORDER SERVICES

## Intensive Outpatient & Outpatient Program ASAM LOC 2.1 & ASAM LOC 1.0

- Psychiatric Evaluation and Treatment
- Medication Assisted Recover:  
Suboxone & Vivitrol
- Individual Recovery Counseling
- Individual Co-Occurring Counseling
- Group Work
- Case Management
- Family Support Group

### Group Work Topics

- Esteem Building
- Relapse Prevention
- Mental Health Symptom Management
- Improved Relationships
- Health Lifestyle
- Stress Management
- Management of Charged Feelings:  
Anger, Loneliness, Sadness, Etc.

### Group Work Approaches

- Strength-Based
- Motivational Interviewing
- Cognitive Behavioral
- Dialectic Behavioral
- Transtheoretical



# Our Mission & Values

We are a readily accessible multi-service behavioral health organization focused on meeting the mental health and substance treatment needs of clients in order to promote interpersonal, social, family, and vocational functioning. Treatment is individualized, strengths-based, and emerges from client-agency partnership.

- We are committed to preventing gaps in services to individuals with behavioral health needs by immediately responding to requests for services, and by providing ongoing outreach to the community.
- We are invested in developing the skills and talents of our staff as it is from this foundation that we are best able to recognize and build from client strengths.
- We understand that mental health and substance use challenges can present differently for each individual and that the path to recovery is unique with regard to the appropriate course and duration of services provided by Adult Family Health Services.

### Our Focus

Esteem Building Relapse Prevention Mental Health Symptom Management Improved Relationships Health Lifestyle Stress Management Management of Charged Feelings: Anger, Loneliness, Sadness, Etc.

### Mental Health Group Work Topics

- Symptom Management
- Co-Occurring Management
- Roles and Goals Development
- Healthy Community Living
- Overcoming Stigma
- Leisure Skill Development
- Relapse Prevention
- Bilding Networks of Support



# MENTAL HEALTH SERVICES

## Partial Care Program

- Day treatment 3-5 days weekly
- Program Hours: 8:15 am - 2:40 pm
- Medication Monitoring
- Door to Door transportation: Clifton, Paterson, Passaic, Newark & surrounding areas
- Meals
- Group Work
- 1:1 Support
- Psychiatric Evaluation & Care
- Special Services for those with co-occurring substance use issues
- Collaboration with housing and other providers

## Outpatient Program

- Individual Therapy (in-person & telehealth)
- Psychiatric Assessment
- Medication Monitoring
- Group Work